



Kennedy Kereama Coaching Director Sunbury Basketball Association Boardman Stadium Cnr of Wilsons & Mitchells Lane Sunbury, Vic 3429

## Re: Jets representative player agreement / welcome letter:

Dear Jets Representative Player,

As Director of Coaching I wanted to congratulate you on your selection as a Jets representative player for the upcoming VJBL season. Your coach and I look forward to working with you over the next 12 months.

Please read the following important information that each player must understand and adhere to as we continue to build a culture of excellence within our club. All representative players must understand that there are no "entitlements" players must continue to earn the privilege of wearing a Sunbury Jets singlet. This is achieved by adopting the following **STANDARDS AND EXPECTATIONS:** 

- 1. Sunbury players are expected to work hard, with purpose and intensity at trainings and games.
- Court time will be earned and rewarded based on work ethic, attitude, attendance, commitment and consistent performance. This will be given at your coach's discretion.
- 3. We expect that you will bring energy and enthusiasm to training sessions.
- 4. Players are expected to be ready to train 15 minutes prior to start time.
- 5. Players are expected to be at games no later than 30 minutes before tip off.
- 6. Sunbury players are expected to attend all training sessions. Injury is not an excuse to miss training, you are expected to come to listen, learn and support teammates form the sideline. Additionally you can still work on skills that are not limited by your injury; for example (A broken left arm) right-handed ball handling or footwork. Coaches will be keeping an attendance record for trainings this season.
- 7. A great attitude is always expected.
- 8. Teamwork is expected.
- 9. We expect discipline.
- 10. Leadership is expected from everybody.
- 11. We expect mental toughness (Good body language, how you respond to feedback, resilience and concentration).
- 12. It's expected that you have come here to work hard. So expect your teammates best effort every session, you can expect our coaches to provide the same in return.

- 13. Sunbury players are expected to wear the correct uniform at trainings and games (No domestic or other sporting uniform is to be worn at basketball training).
- 14. The constant pursuit of excellence is always expected.
- 15. We expect our players to respect their coaching staff, each other, the vision and direction of our program and respect the game.
- 16. Expect to be challenged mentally and physically by the coaching staff and teammates.
- 17. Expect to be held accountable for yours and your teammates actions.
- 18. We expect honest, trustworthy, reliable and good people in our program.
- 19. We expect you to enhance our culture and training environment with your attitude and work ethic.
- 20. Everyone will have a role to play in his or her team. You are expected to perform that role to the best of your ability. Also understand that not every role in a team is the same.
- 21. We expect you to be the best you can be and take on all the competitive challenges your coaching director, coach or teammates place in front of you.
- 22. We expect our players to adhere to the VJBL player code of conduct.

## **PRACTICE SESSIONS:**

All teams u12s to u18s practice every Sunday for approximately 2 hours at Boardman Stadium. Each team may also have an additional mid-week training session that will be determined by the coach and players availability. Players are to arrive 15 minutes before their scheduled practice time and be mentally prepared for rigorous and challenging practice sessions. They should be dressed in the Jets reversible practice singlet and suitable basketball shorts (Unless of course you have ordered gear and are still waiting for it to arrive).

Players who do not train at either session or show up late or leave early no matter the excuse will not start the game on Friday. They cannot be subbed in until after the five (5) minute mark of the first quarter. Coaches reserve the right to not play players at all who do not practice both sessions or consistently miss trainings no matter the excuse. For players who arrive late or leave trainings early on a consistent basis, the coach has the right to reduce their court time. It is up to each individual coach to police and enforce this with his or her players.

Players **ARE NOT** to leave early from our trainings to attend other sports. Doing so will result in the Director of Coaching evaluating your position at the club. Also as a consequence the player may not take the court the following Friday until the second half of the game. This will be at each coach's discretion as to whether they choose to exercise this penalty. You are making a commitment to the club to play **REPRESENTATIVE BASKETBALL** in a **STATE-WIDE COMPETITION** and this comes with certain responsibilities to your Club & Team. Domestic hockey, football or netball etc. Comes second to Jets training.

Failure to achieve any of the above may result in limited court time or disciplinary action set by the age group coaches. Players are not only accountable to their age group coaches they are also answerable to the Director of Coaching. Any player who severely breaches our standards and expectations will be called to a meeting with the Director of Coaching. I would also like to welcome new and existing parents to our rep program this season. I thank you for the amount of support you will be providing your child throughout the VJBL season, as it is a big time commitment.

The club places high standards and expectations on its players, coaches and managers. We also place high expectations and standards on our parents when it comes to being a part of our club.

We encourage our parents to support and watch their children play. However all parents are expected to follow the VJBL codes of conduct. Poor parental behaviour is unacceptable and will be met with disciplinary action by the club. Our sport has a poor history when it comes to dealing with issues such as parents abusing coaches, referees, score table officials, opposition players and even their own children. This has to stop, and the club will be policing poor parental behaviour throughout the VJBL season. Code of Conducts: http://basketballvictoria.com.au/wp-content/uploads/2018/02/CODES-OF-CONDUCT.pdf

## Things to remember:

- 1. Our coaches and managers are volunteers.
- 2. This is not the NBA, WNBA, NBL or WNBL.
- 3. You are a spectator and a parent not a coach.
- 4. Do not approach coaches with your opinions or complaints before, after or during games. There is a 24 hr period where you do not approach coaches. The team manager is the contact point between you and the coach.
- 5. Your expectations should match your child's ability, work ethic, attitude and commitment.
- 6. If your child is upset with their court time or performance use it as a learning tool, not an opportunity to blame others.
- 7. We expect our parents to help create a positive and supportive environment to all players in any basketball uniform playing our sport.

By selecting **YES** on the checkbox on the form you will be agreeing to the above information and agree to adhere to the Player Standards and Expectations and all VJBL Player, Parent and Spectator policies.

If you have any concerns or questions throughout the VJBL season you can contact the junior jets committee at <a href="mailto:junioriets@sunburybasketball.com.au">junioriets@sunburybasketball.com.au</a>.

Yours truly,

Kennedy Kereama

Director of Coaching